



Stick Figure: A Diary of My Former Self

By Lori Gottlieb

Simon & Schuster. Paperback / softback. Book Condition: new. BRAND NEW, Stick Figure: A Diary of My Former Self, Lori Gottlieb, "'I wish to be the thinnest girl at school, or maybe even the thinnest eleven-year-old on the entire planet,'" confides Lori Gottlieb to her diary. "I mean, what are girls supposed to wish for, other than being thin?" For a girl growing up in Beverly Hills in 1978, the motto "You can never be too rich or too thin" is writ large. Precocious Lori learns her lessons well, so when she's told that "real women don't eat dessert" and "no one could ever like a girl who has thunder thighs," she decides to become a paragon of dieting. Soon Lori has become the "stick figure" she's longed to resemble. But then what? "Stick Figure" takes the reader on a gripping journey, as Lori struggles to reclaim both her body and her spirit. By turns painful and wry, Lori's efforts to reconcile the conflicting messages society sends women ring as true today as when she first recorded these impressions. "One diet book says that if you drink three full glasses of water one hour before every meal to fill yourself up, you'll...



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