



Real Sweet: More Than 80 Crave-Worthy Treats Made with Natural Sugars

By Shauna Sever

HarperCollins Publishers Inc. Hardback. Book Condition: new. BRAND NEW, Real Sweet: More Than 80 Crave-Worthy Treats Made with Natural Sugars, Shauna Sever, At last-a modern baking book packed with dozens of recipes for delectable treats using only natural, unrefined, readily available alternative sweeteners. Real Sweet offers every dessert lover the delicious sweetness they crave in simple and delicious recipes using natural sugars that pack in subtly amazing flavors that elevate treats of every kind (and help us avoid overprocessed, one-dimensional white sugar). Here are simple lunchbox treats suitable for all ages; whimsical candies and confections created on the stovetop; bake sale classics like cookies and cakes; and fragrant, exotic spoonable puddings and flans. Cookbook author and blogger Shauna Sever helps you introduce healthy touches into treats using natural, unrefined, readily available alternative sweeteners-from coconut sugar, agave nectar, orange blossom honey, and pure maple syrup to smoky turbinado, brown-buttery panela, and jaggery. Written in Shauna's fresh, modern, and charmingly funny style, Real Sweet lets every sweet tooth indulge without the guilt. Here are more than eighty sure-to-be-favorite recipes, including: * All-Day Snacks and Lunchbox Treats: Baked Apple Cinnamon Doughnuts, Cracklin' Maple Popcorn, Fake-Out Caramel Dip * Bake Sales and Edible Gifts:...



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