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## Making the Golden Years Golden: Resources and Sources of Information to Guide You in Making the Right Decisions for Living Better, Healthier, Independently And Stress-Free. (Paperback)

By Eva Mor

AUTHORHOUSE, United States, 2009. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.If you are going to read one book on health care and retirement it should be; Making the Golden Years Golden. Author Dr. Eva Mor, an expert with three decades of experience in the health industry, explains health care, economic and legal issues and offers solutions in layman terms. In today's economy, and with the current shortcomings of the health system, Making the Golden Years Golden is a rich source of essential information to anyone planning ahead to his or her retirement. Reading this book will help you to establish a step-by-step plan to protect yourself from costly errors and scams, keeping you well, safe, and providing you with the knowledge to carefully invest for the years ahead. This book also covers the multitude of choices for you or your loved one when picking the appropriate residential situations - from nursing homes to home health care to assisted living facilities. Making the Golden Years Golden provides the reader with guidelines to navigate federal and state programs, such as Medicare, Medicaid and Social Security. It walks you...



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